

Hi,

Attached please find one picture of all our family members taken after the younger son, Ben, graduating from UCSF medical school this June.

Last week (12/17 to 12/24), Susan and I were in the Bay area in our elder son house. We enjoyed the time with our grandson, Bennett.

In the past ten years, I have become an active member of the yoga participants in the health club near our house. Currently practice of yoga four to five times per week is my major activity of my exercise.

Happy New Year

